



Ivar's Ingredient List



Products delivered to Ivar's may be occasionally substituted due to shortages at our food supplier. If a guest has an allergy to a particular product, employees should check the label on the product in addition to checking the ingredients listed here.

CHOWDERS

- **White Clam Chowder** – Clam Stock, Clams and Clam Juice, Chowder Mix, Potato, Bacon, Canola Oil, Flour, Dehydrated Onion, Modified Food Starch, Salt, Dehydrated Celery, Cultured Dextrose, Lemon Juice from Concentrate, and Spice. **Contains Bacon, Clams (Shellfish), Cod (Fish), Wheat, Gluten, Milk, Soy, and Coconut (Tree Nut).**
- **Red Clam Chowder** – Clam Stock, Clams and Clam Juice, Calcium Disodium EDTA, Potatoes, Cottonseed Oil, Tomato Paste, Flour, Modified Corn Starch, Dehydrated Onion, Salt, Dehydrated Celery, and Spice. **Contains Clams (Shellfish), Fish, Wheat, Gluten, and Milk.**
- **Wild Alaska Salmon Chowder** – Wild Alaskan Salmon, Salmon Stock, Milk, Cream, Potatoes, Roasted Red Bell Pepper Puree, Celery, Corn, Onion, Butter, Flour, Canola Oil, Lemon Juice from Concentrate, Chopped Garlic, Sea Salt, Spice, Sugar, Parsley, Modified Corn Starch, Natural Flavor, and Black Pepper. **Contains Salmon (Fish), Wheat, Gluten, and Milk.**
- **Alder Smoked Salmon Chowder** – Water, Potatoes, Chowder Mix, Smoked Salmon, Canola Oil, Flour, Modified Corn Starch, Pesto Sauce, Alder Seasoning, Salt, Dehydrated Onions, Lemon Juice from Concentrate, Dehydrated Red Bell Peppers, Dehydrated Celery, Parmesan Cheese Base, Romano Cheese Base, Granulated Garlic, Chowder Spice, and Black Pepper. **Contains Salmon (Fish), Wheat, Gluten, Milk, Soy, and Coconut (Tree Nut).**

BREADING

- **Batter** – Wheat Flour, Yellow Corn Flour, Leavening, Salt, and Nonfat Dry Milk. **Contains Wheat, Gluten, and Milk.**
- **Breading** – Bleached Wheat Flour, Salt, Yellow Corn Flour, Soybean Oil, and Natural Flavor. **Contains Wheat, Gluten, and Soy.**
- **Panko Breading** – Wheat Flour, Sugar, Yeast, Soybean Oil, and Salt. **Contains Wheat, Gluten, and Soy.**
- **Cajun Breading** – Unbleached Enriched Wheat Flour, Spice, Corn Meal, MSG, Salt, Dehydrated Onion and Garlic, Citric Acid, Soybean Oil, and Oleoresin Paprika. **Contains Wheat, Gluten, MSG, and Soy.**
- **Pre-Breaded Clam Strips** – Breading contains Bleached Wheat Flour, Yellow Corn Flour, Water, Polyunsaturated Soybean Oil, Calcium Caseinate, Dextrose, Leavening, Nonfat Dry Milk, Natural Flavors, Oleoresin Paprika, Annatto, Salt, Sodium Alginate, Sodium Tripolyphosphate, Soybean Oil, Soy Flour, Spices, Sugar, Whey, and Yeast. **Contains Clams (Shellfish) Wheat, Gluten, Soy, and Milk.**
- **Pre-Breaded Chicken Strips** – Breading contains Enriched Wheat Flour, Water, Yellow Corn Flour, Modified Corn Starch, Spices, Salt, Leavening, Corn Starch, Garlic Powder, Sugar, Dried Buttermilk, Disodium Inosinate and Disodium Guanylate, Tricalcium Phosphate, Onion Powder, Dried Egg Whites, Yeast Extract, Mono and Diglycerides, and Malt Extract. **Contains Wheat, Gluten, Milk, and Egg.**

BREADING (CONT.)

- **Pre-Breaded Chicken for Sandwiches** – Breading contains Enriched Wheat Flour, Salt, Spices, Leavening, Corn Starch, Dried Onion, Dried Garlic, Buttermilk Powder, Yeast Extract, Natural Flavor, Chicken Broth Powder, Disodium Inosinate and Disodium Guanylate, and Paprika Extract. Battered and Predusted with Enriched Wheat Flour, Water, Salt, Leavening, Corn Starch, Flavor, Onion Powder, Garlic Powder, Spices, Yeast Extract, Chicken Broth, Disodium Inosinate and Disodium Guanylate, Oleoresin Paprika. **Contains Wheat, Gluten, and Milk.**

SAUCES

- **Tartar Sauce** – Canola Oil, Dill Relish, Eggs, Onions, White Vinegar, Water, Sugar, Green Peppers, Salt, Cultured Dextrose, Maltodextrin, Yeast Extract, Spices, and Xanthan Gum. **Contains Egg.**
- **Chipotle Tartar Sauce** – All the ingredients of regular tartar sauce plus Water, Tomato Paste, Dried Chipotle Peppers, Distilled Vinegar, Corn Oil, Iodized Salt, Corn Starch, Onion Powder, Garlic Powder, and Spices. **Contains Egg.**
- **Sweet Tartar** – Made with Mayonnaise, Sweet Relish, and Lemon Juice. **Contains Soy and Egg.**
- **Ketchup** – Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder and Natural Flavoring.
- **Cocktail Sauce** – Chili Sauce, White Vinegar, Onions, Water, Prepared Horseradish, Green Peppers, Salt, Cultured Dextrose, Maltodextrin, Yeast Extract, Canola Oil, Sugar, Worcestershire Sauce Concentrate, Red Pepper Sauce, Xanthan Gum.
- **Barbecue Sauce** – Water, Sugar, Tomato Paste, White Vinegar, Salt, Soybean or Canola Oil, Worcestershire Sauce (which contains Anchovies and Soy), Natural Smoke Flavor, Spices, Modified Food Starch, Caramel Color, Potassium Sorbate, and Sodium Benzoate (as preservatives), Xanthan Gum, Guar Gum, Maltodextrin, and Propylene Glycol Alginate. **Contains Soy and Anchovies (Fish).**
- **Tabasco Sauce** – Distilled Vinegar, Red Pepper, and Salt.

DRESSINGS

- **Cole Slaw Dressing** – Made with Non-Hydrogenated Canola Oil, Mayonnaise, Sugar, and Cider Vinegar. **Contains Soy and Egg.**
- **Caesar Dressing** – Soybean Oil, Water, Parmesan Cheese, Corn Vinegar, Whole Egg and Egg Yolks, Corn Syrup, Sugar, Salt, Anchovy Paste, Distilled Vinegar, Spices, Dehydrated Garlic, Citric Acid, Lemon Juice from Concentrate, Natural Flavor, Xanthan Gum, Dehydrated Onion, Sodium Benzoate, Calcium Disodium EDTA (to protect flavor), Caramel Color, and Oleoresin Turmeric. **Contains and Anchovies (Fish), Soy, Milk, and Egg.**
- **Ranch Dressing** – Soybean or Canola Oil, Buttermilk, Eggs, White Vinegar, Water, Salt, Spices, Sugar, Dehydrated Garlic, MSG, Dehydrated Onion, Potassium Sorbate and Sodium Benzoate (preservatives), Citric Acid, and Caramel Color. **Contains Soy, Milk, Egg, and MSG.**

BREAD / CRACKERS

- **Corn Muffin** – Enriched Bleach Flour, Sugar, Water, Soybean Oil, Eggs, Corn Meal, Nonfat Dry Milk, Modified Corn Starch, Leavening, Salt, High Fructose Corn Syrup, Natural Flavor, Sodium Propionate and Potassium Sorbate (preservatives), and Xanthan Gum. **Contains Wheat, Gluten, Soy, Egg, And Milk.**
- **Hawaiian Buns (Fish and Chicken Sandwiches)** – Enriched Flour, Water, Sugar, Liquid Sugar, Butter, Eggs, Potato Flour, Whey, Yeast, Nonfat Milk, Salt, Wheat Gluten, Soy Flour, Degerminated Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Monocalcium Phosphate, Sorbic Acid Preservative, Wheat Flour, Calcium Sulfate, Sodium Silicoaluminate, Ammonium Sulfate, Ascorbic Acid (Dough Conditioner) Sorbitan Monostearate, Mono and Diglycerides, and Calcium Silicate. **Contains Wheat, Gluten, Soy, Milk, and Egg.**
- **Saltine Crackers** – Enriched Flour, Soybean Oil, Salt, Corn Syrup. **Contains Wheat, Gluten, and Soy.**

GRILLED FISH INGREDIENTS

- **Non-Stick Spray** –Soybean Oil, Soy Lecithin, Natural Flavor, and Beta Carotene. **Contains Soy.**
- **Liquid Butter** – Liquid and Hydrogenated Soybean Oil, Soy Lecithin, Natural & Artificial Flavor, Beta Carotene, TBHQ and Citric Acid (to protect flavor), Dimethylpolysiloxane (an anti-foaming agent). **Contains Soy.**

DESSERTS

Ivar's offers a variety of cakes as dessert, so employees should check the case labels to determine ingredients for each one. Most of the offerings include Egg, Soy, and Milk and are processed in a plant that also processes Peanuts and Tree Nuts.