

Products delivered to Ivar's may be occasionally substituted due to shortages at our food supplier. If a guest has an allergy to a particular product, employees should check the label on the product in addition to checking the ingredients listed here.

CHOWDERS

- **White Clam Chowder** – Clam Stock, Clams and Clam Juice, Chowder Mix, Potato, Bacon, Canola Oil, Flour, Dehydrated Onion, Modified Food Starch, Salt, Dehydrated Celery, Cultured Dextrose, Lemon Juice from Concentrate, and Spice. **Contains Bacon, Clams (Shellfish), Cod (Fish), Wheat, Gluten, Milk, Soy, and Coconut (Tree Nut).**
- **Red Clam Chowder** – Clam Stock, Clams and Clam Juice, Calcium Disodium EDTA, Potatoes, Cottonseed Oil, Tomato Paste, Flour, Modified Corn Starch, Dehydrated Onion, Salt, Dehydrated Celery, and Spice. **Contains Clams (Shellfish), Fish, Wheat, Gluten, and Milk.**
- **Wild Alaska Salmon Chowder** – Wild Alaskan Salmon, Salmon Stock, Milk, Cream, Potatoes, Roasted Red Bell Pepper Puree, Celery, Corn, Onion, Butter, Flour, Canola Oil, Lemon Juice from Concentrate, Chopped Garlic, Sea Salt, Spice, Sugar, Parsley, Modified Corn Starch, Natural Flavor, and Black Pepper. **Contains Salmon (Fish), Wheat, Gluten, and Milk.**
- **Alder Smoked Salmon Chowder** – Water, Potatoes, Chowder Mix, Smoked Salmon, Canola Oil, Flour, Modified Corn Starch, Pesto Sauce, Alder Seasoning, Salt, Dehydrated Onions, Lemon Juice from Concentrate, Dehydrated Red Bell Peppers, Dehydrated Celery, Parmesan Cheese Base, Romano Cheese Base, Granulated Garlic, Chowder Spice, and Black Pepper. **Contains Salmon (Fish), Wheat, Gluten, Milk, Soy, and Coconut (Tree Nut).**

BREADING

- **Batter** (used on all regularly breaded products except Clam Strips and Chicken Strips) – Yellow Corn Flour, Bleached Wheat Flour, Salt, Leavening, Whey, Soy Flour, Sodium Alginate, Calcium Caseinate, and Natural Flavoring. **Contains Wheat, Gluten, Milk, and Soy.**
- **Breading** – Bleached Wheat Flour, Salt, Yellow Corn Flour, Soybean Oil, Nonfat Milk, Egg, and Natural Flavor. **Contains Wheat, Gluten, Soy, Milk, and Egg.**
- **Panko Breading** – Wheat Flour, Sugar, Yeast, Soybean Oil, and Salt. **Contains Wheat, Gluten, and Soy.**
- **Cajun Breading** – Unbleached Enriched Wheat Flour, Spice, Corn Meal, MSG, Salt, Dehydrated Onion and Garlic, Citric Acid, Soybean Oil, and Oleoresin Paprika. **Contains Wheat, Gluten, MSG, and Soy.**
- **Clam Strips** – Bleached Wheat Flour, Yellow Corn Flour, Polyunsaturated Soybean Oil, Water, Calcium Caseinate, Dextrose, Leavening, Monoglycerides, Natural Flavor, Extractives of Paprika, Salt, Sodium Alginate, Sodium Tripolyphosphate, Partially Hydrogenated Soybean Oil, Soy Flour, and Whey. **Contains Clams (Shellfish), Wheat, Gluten, Milk, and Soy.**
- **Chicken Strips** – Breading contains Bleached Wheat Flour, Salt, Dextrose, Partially Hydrogenated Soybean Oil, Leavening, Dried Whey, Mono and Diglycerides, and Oleoresin Paprika. Batter contains Water, Enriched Bleached Wheat Flour, Modified Food Starch, Yellow Corn Flour, Salt, and Leavening. Predust contains Enriched Wheat Flour, Wheat Flour, Wheat Gluten, Egg Whites, Salt, and Breading set in Vegetable Oil. **Contains Wheat, Milk, Gluten, Soy, and Egg.**

SAUCES

- **Tartar Sauce** – Soybean Oil, Cured Cucumbers, Water, Egg, Distilled Vinegar, Sugar, Onions, Green Bell Peppers, Salt, Spice, Potassium Sorbate and Sodium Benzoate (preservatives), Xanthan Gum, Calcium Chloride, Alum, Calcium Disodium EDTA (to protect flavor), and Yellow #5. **Contains Soy, and Egg.**
- **Sweet Tartar** – Made with Mayonnaise, Sweet Relish, and Lemon Juice. **Contains Soy and Egg.**
- **Ketchup** – Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder and Natural Flavoring.
- **Cocktail Sauce** – Chili Sauce, Water, White Vinegar, Onions, Prepared Horseradish, Cider Vinegar, Green Bell Peppers, Aged Red Peppers, Worcestershire Sauce, Sugar, Salt, Sugar, Xanthan Gum, Potassium Sorbate and Sodium Benzoate (preservatives). **Contains Soy.**
- **Barbecue Sauce** – Water, Sugar, Tomato Paste, White Vinegar, Salt, Soybean or Canola Oil, Worcestershire Sauce (which contains Anchovies and Soy), Natural Smoke Flavor, Spices, Modified Food Starch, Caramel Color, Potassium Sorbate, and Sodium Benzoate (as Preservatives), Xanthan Gum, Guar Gum, Maltodextrin, and Propylene Glycol Alginate. **Contains Soy and Anchovies (Fish).**

DRESSINGS

- **Cole Slaw Dressing** – Made with Non-Hydrogenated Canola Oil, Mayonnaise, Sugar, and Cider Vinegar. **Contains Soy and Egg.**
- **Caesar Dressing** – Soybean Oil, Water, Parmesan Cheese, Corn Vinegar, Egg, Corn Syrup, Sugar, Salt, Egg Yolk, Anchovy Paste, Spice, Dehydrated Garlic, Citric Acid, Lemon Juice from Concentrate, Natural Flavor, Xanthan Gum, Dehydrated Onion, Sodium Benzoate, Calcium Disodium EDTA (to protect flavor), Caramel Color, and Oleoresin Turmeric. **Contains Soy, Egg, Milk, and Anchovies (Fish).**
- **Ranch Dressing** – Soybean Oil, Buttermilk, Water, Egg, Corn Syrup, Distilled Vinegar, Salt, Maltodextrin, Dehydrated Garlic, MSG, Dehydrated Onion, Xanthan Gum, Spice, Potassium Sorbate, (a preservative), Lemon Juice Concentrate, Dehydrated Parsley, and Natural Flavor. **Contains Soy, Egg, Milk and MSG.**
- **Sesame Dressing** – Water, Soybean Oil, High Fructose Corn Syrup, Toasted Sesame Oil, Vinegar, Soy Sauce, Corn Vinegar, Sugar, Brown Sugar, Sesame Seeds, Spice, Tomato Paste, Xanthan Gum, Egg Yolk, Natural and Artificial Flavor, Sodium Benzoate and Calcium Disodium EDTA, Garlic, Onion, Disodium Guanylate, Disodium Inosinate. **Contains Wheat, Gluten, Soy, and Egg.**

GRILLED FISH INGREDIENTS

- **Non-Stick Spray** – Soybean Oil, Soy Lecithin, Natural & Artificial Butter Flavor, Beta Carotene, and Non-Chlorofluorocarbon Propellant. **Contains Soy.**
- **Liquid Butter** – Liquid and Hydrogenated Soybean Oil, Soy Lecithin, Natural & Artificial Flavor, Beta Carotene, TBHQ and Citric Acid, Dimethylpolysiloxane, and Anti-Foaming Agent. **Contains Soy.**

DESSERTS

Ivar's offers a variety of cakes as dessert, so employees should check the case labels to determine ingredients for each one. Most of the offerings include Egg, Soy, and Milk and are processed in a plant that also processes Peanuts and Tree Nuts.